



# Rylstone-Kandos district newsletter

## Community Capers

October issue, 2020  
Volume 263

Welcome to the October issue of Community Capers, volume 263. Our November issue will be distributed on Thursday, October 29. The deadline for this issue is Tuesday, October 13. News items, events, dates for the calendar etc. are inserted free. Email them to the editor, Brent Barlow at [brenbar@winsoft.net.au](mailto:brenbar@winsoft.net.au) or phone Brent on 6379 1020. For details and prices on advertising, sponsorship etc., contact Brian Neaves on 6379 4092.

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We invite you to talk to our Technicians direct:

John Bonney on 0497 796 377

Peter Packham on 0439 464 966

Michael Bonney on 0418 638 100

### Kandos Rylstone Community Radio

\* KRR 98.7 FM \* Live Streaming at [krrfm.org.au](http://krrfm.org.au)

### Markets are back

The markets are back in Rylstone and Kandos and shoppers and stall holders are delighted. September saw the first Kandos markets held at St Laurence Church while the first re-opening in Rylstone got underway in August. The September markets in Rylstone opened at the Memorial Hall in spring sunshine after an early fog lifted to reveal a glorious day. It brought out plenty of shoppers, keen to see what was on offer and to catch up on friends

and acquaintances. Local band Bushrock took the opportunity to sing a few songs and entertain the crowd and it was much appreciated. The October markets in Rylstone will be held on Saturday, 10th and in Kandos on Saturday 17th. If you'd like to be a stallholder at the Rylstone Markets call their secretary Bev on 0410 577 667 or their president Diana on 0428 663 161. You can also send them an email at [rylstonemarkets@gmail.com](mailto:rylstonemarkets@gmail.com). For stallholder enquires for the Kandos Markets, phone Pauline on 6379 4533 or Rose on 6379 4179.



Bushrock entertaining the Rylstone Market crowd during the September markets.



Rylstone Olive Press has won a swag of awards over the years and is renowned nationally and internationally. They are regular stall holders at the local markets and Pat Amos always has helpful and friendly information about the award winning local olive oils. Their stall provides visitors with the opportunity to buy the famous product and learn about Bentivoglio Olives and the state of the art process.



Former chef, Dave Henderson from Dave's Delights moved from the Central Coast to the Gulgong area six years ago. He specialises in sauces and his most popular is Worcestershire Sauce, made from an age-old family recipe passed to him some time ago. He uses local ingredients when he can and is a regular at the Rylstone Markets.

### Young Entrepreneurs Summit

Following the success of last year's event, Mid-Western Regional Council has announced that the region's Young Entrepreneurs Summit will return this month. 'Buy from the Bush' founder, Grace Brennan heads an exciting line-up of speakers for the second annual event which will be hosted online on Thursday, October 29. Ms Brennan will be joined by 'Showpo' Chief Operating Officer, Sam Reece, 'Soul of Gerringong' founder, Simone Mathews, 'Farmers2Founders' co-founder, Sarah Nolet and 'LBPR' founder, Lisa Burling. These leading Australian entrepreneurs will share valuable business insights, as well as trade secrets in their respective fields of social media, agriculture, e-commerce, public relations, fashion, hospitality and lifestyle.

This is an opportunity for local businesses to hear direct from successful entrepreneurs and while COVID-19 has prevented organisers from having an in-person event, locals can still log-on and watch from their home or business. Tickets are \$25 and available at [youngentrepreneursummit.com.au](http://youngentrepreneursummit.com.au). Ticket holders will receive an email link to attend and can watch just one or all of the speakers.

## Radio's AGM results

Kandos Rylstone Community Radio - KRR 98.7 FM held its Annual General Meeting on August 26. Nominations were tabled and elections held for executive positions, general committee and sub-committee positions. Executive members for 2020/21 are President - Brent Barlow, Vice-President - Brian Neaves, Secretary - Maree Maiden and Treasurer - Pat Spithill. Ordinary Committee Members are Ron Spithill, Peter Hay and Scott Hogansen. A number of sub-committee positions including Programming, Sponsorship, Studio Maintenance and Technical positions were



KRR's executive and committee members for 2020/21. (Back Row L-R) Ron Spithill, Brent Barlow (President), Scottie Hogansen, Peter Hay and Brian Neaves (Vice-President). (Front Row L-R) Pat Spithill (Treasurer) and Maree Maiden (Secretary).

## Capers info

*Community Capers is published by Kandos Rylstone Community Radio Inc. (KRR) at PO Box 99, Kandos NSW 2848. Funding has also been provided by the Mid-Western Regional Council and we acknowledge their support. Thank-you also to businesses and individuals across the region who have placed advertising or sponsored pages. Our publication could not continue without your support. Thank you everyone. Community Capers is a publication where community groups and other organisations can list their meeting*

*times, events, dates and venues. Please send all information to the editor, Brent Barlow, 38 Mudgee Street, Rylstone, NSW 2849, or email him at brenbar@winsoft.net.au or phone him on 6379 1020. If meeting times or dates etc. change, please contact Brent as soon as possible with corrections. Advertising space is limited but we do require advertising support to fund our newsletter. Usually it's on a "first in, best dressed" basis. If you wish to advertise or sponsor a page, please contact Brian Neaves on 6379 4092.*

also filled. Karen Riley, who stood down from her position as Secretary was thanked for her 10 years of great service. She remains on the Programming sub-committee. During his President's Report, Brent Barlow said it has been a challenging year for KRR and our local community.

"After a punishing drought across our region, a lightning strike at nearby Gaspers Mountain on October 26 developed into a catastrophic fire that threatened our town and burnt out properties nearby. Our community was on edge for nearly three months. This was followed by the COVID-19 pandemic that caused a lockdown and restrictions across Australia during March this year. Throughout these emergencies KRR's committee made the decision to stay on air and support our community. During the fires we broadcast daily updates and broadcast information as soon as it was available.

KRR's committee also made the decision to donate \$300 of our funds to a local volunteer group who used the money to put together small packs that were distributed across our community.

"During the COVID-19 challenge, KRR remained on air so that we could support our local community with emergency announcements and important information as it became available. We also knew that people who were isolating at home would really appreciate our mix of music, news, interviews and our morning serial to connect them with our community and the wider world. We enacted strict guidelines in accordance with government directives and our committee would like to thank members, presenters and other volunteers for acting very responsibly and following the guidelines extremely well.

"Financially, Kandos Rylstone Community Radio remains in a very sound position. Although it was a difficult period for businesses across our community, we are very grateful for their ongoing support through sponsorship and the confidence they have in our station. Our financial position will therefore enable us to continue to improve our infrastructure and upgrade and replace equipment while keeping funds in reserve for emergency situations."

During the meeting the audited financial report was presented by the treasurer and made available for members and the general public to read afterwards.

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## Don't waste it

In a move to reform the production and management of waste in Australia, the government is transforming our waste and recycling capacity and putting an end to shipping our waste overseas. The Recycling and Waste Reduction Bill 2020 bans overseas exports of waste plastic, paper, glass and tyres. The reforms will also encourage Australian companies to take greater responsibility for the waste they generate through the products they design, manufacture and distribute. Federal Member for Calare, Andrew Gee, said recently that the waste reduction initiative would reduce pressure on our environment and create new job opportunities.

"This is a big step in the right direction. It's not right to be exporting our waste to other countries. We have to take responsibility for it, and these new laws mean we will be doing just that," Mr Gee said.

Australia has set ambitious national targets to reduce the total waste generated in Australia by 10% per person, and to reduce, reuse and recycle 80% of our waste by 2030. Under the Australian Government's \$190 million Recycling Modernisation Fund and National Waste Policy Action Plan, every-day items that would usually end up at the tip will be given a new life as roads, carpets, clothing, building materials and a range of other essential items.

Mr Gee says Investment in waste management and recycling technology and infrastructure will help grow our economy and will create

10,000 jobs over the next decade. This is about changing the way that Australians and Australian companies view waste management and recycling – and it's a great opportunity to do something extremely positive for our environment. It's our waste and our responsibility. It's also our opportunity." Mr Gee added.

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## In the swim

Swimming pools across the region opened for the summer swimming season on September 26. During the season all pools are open seven days a week, excluding Good Friday and Christmas Day.

On Boxing Day and New Year's Day the pools open at 10am and on Anzac Day the pools open at 1pm.

Pools will close on the last Sunday in April. Hours are as follows: -

**To October 31** - Mudgee 6.00am to 6.00pm, Gulgong and Kandos: 6.00am to 8.00am - reopen at 9.30am to 6.00pm.

**November 1 to December 31** - Mudgee 6.00am to 7.00pm, Gulgong and Kandos: 6.00am to 8.00am reopen at 9.30am to 7.00pm.

**January 1 to January 31** - Mudgee 6.00am to 8.00pm, Gulgong and Kandos: 6.00am to 8.00am reopen at 9.30am to 8.00pm.

**February 1 to March 31** - Mudgee: 6.00am to 7.00pm, Gulgong and Kandos: 6.00am to 8.00am reopen at 9.30am to 7.00pm.

**April 1 to April 25** - Mudgee: 6.00am to 6.00pm, Gulgong and Kandos: 6.00am to 8.00am reopen at 9.30am to 6:00pm.

Mudgee Pool closes at 6pm on Tuesday nights



*Kandos pool is a gem. It was opened on November 17, 1962 and has since undergone various upgrades including heating. Its mountain backdrop along with extensive lawns and shaded areas make it one of the most attractive pools in the state*

### The RYLSTONE CLUB *Your Friendly Club* Open Daily

.....  
**Seafood Nights**  
are returning from 16th Oct  
bookings required.

.....  
**30<sup>th</sup> Oct Halloween**  
themed food & drinks.

.....  
**Melbourne Cup**  
with 2 course Lunch & Bingo  
\$35 per person.

.....  
Courtesy Bus available - phone the club

.....  
**Phone 6379 1109**  
For further details

## Meals on Wheels

Rylstone Kandos District Meals on Wheels (RKMOW) supplies frozen meals to anyone who is frail, aged or a younger person with a disability and their Carers. You can contact RKMOW on 6379 1519 or call into the office at 46 Mudgee Street, Rylstone. Office hours are Mondays to Thursdays - 8.30am to 4pm and Fridays - 9am to 1pm.

## Science and pyjamas

Kandos Public School students have enjoyed a variety of activities over the last few weeks including the celebration of National Science Week and a fun Pyjama Day. The theme for this year's Science Week was 'Deep Blue Innovation for the Future of Our Oceans'. The week started with a virtual excursion on Monday, followed by a day of fun filled Science activities on Tuesday. Students were placed into groups and rotated around planned activities including the Marine engineer STEM challenge, Water density, Optical inversion, Water pressure and Recycling. Students used simple experiments to learn about layers of the ocean, how currents happen using colourful chemistry in a jar and oil spill clean-up.

One of the activities was an experiment to determine how whales are able to stay warm in icy-cold water. Students put their hand inside a glove which simulated blubber and placed both hands inside the freezing water. They then found that blubber helped insulate their hand, which stayed warm while their other hand got very cold. This led to the conclusion that whales are able to survive in freezing waters because of their thick layer of blubber.

The Pyjama Day was organised by Year 6 as their annual fundraiser and students and staff were invited to come to school wearing their pyjamas. As well as their PJ's they also brought a gold coin donation. It was a fun way to raise some funds.



*Love the slippers! Sisters Lillian and Vivienne Griffin cosying up in their pyjamas on their school's Pyjama Day.*



*Brrr...my hand is cold! Kandos Public School students Hermione San Martin and Hailey Ashford discovering how whales stay warm in icy-cold water using a simple experiment during National Science Week.*

## RDES AGM results

The Rylstone District Environment Society held its Annual General Meeting recently. Results of the elections for Office Bearers and Committee are: President - Jenny More, Vice-President - Diana Rawlinson, Secretary - Carolyn Barlow, Treasurer - Cathy Bray, Committee Members - Buzz Sanderson, Mike Pridmore and Jolieske Lips.

One of the success stories for the group in recent years has been the removal of weed pests and the re-vegetation of the Cudgegong River in the precincts of town. Hard work over many years has resulted in a predominance of native trees and shrubs in many areas, which in turn has resulted in a healthier river. Research has shown that up to 80 percent of food for fish in rivers comes from trees and shrubs, so it makes good sense for fisherman to support the work done by groups along the river.

The recent drought that devastated the region and turned the local river into a series of slowly decreasing waterholes impacted water quality, fish and bird life and had many people concerned about the platypus population. The good general rain this year, especially in the catchment area has brought the river back from the brink. It's now looking a picture, running clear and deep and though there may not be too many native fish around at the moment because of the prolonged drought, it looks as though there should be. Any re-stocking plans anyone?



*The trees in the background were planted some years ago by the Rylstone District Environment Society in an area of the TSR between the town and Rylstone Dam. They are now firmly established and together with shrubs and native grasses along the river are helping to maintain water quality, providing habitat for birds, aquatic species and native animals.*



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## Some Calendar of Events listings may still be in lockdown - October 2020

Sun	Mon	Tue	Wed	Thur	Fri	Sat
The Cottage Museum, Rylstone is open every Sunday from 10am to 3pm.	Scouts and Cubs meet at 4.30pm on Mondays at Kandos Scout Hall.	Rotary meets every Tuesday at the Rylstone Club, 6.30 for 7pm.	The Craft Group meets at 10am each Wed. at the VRA shed, Rylstone. *Pop in Playgroup 10am to 12noon Wednesdays	<b>1</b> Scrabble on 1 <sup>st</sup> , 3 <sup>rd</sup> and 5 <sup>th</sup> Thursday of month, 10am at Rylstone Club. *Walking group every Thursday at 8.30am.	<b>2</b> Rylstone CWA meets at 10am. *Cudgong Valley History Group, 11am to 3pm at Henbury Sport & Rec.	<b>3</b> The Kandos Museum is open Wednesdays to Sundays, 10am to 4pm
<b>4</b> One Life Family Church services, 10am every 1 <sup>st</sup> , 3 <sup>rd</sup> and 5 <sup>th</sup> Sunday at the corner of Noyes and Dunn Streets, Kandos.	<b>5</b> Pilates classes, 6pm Mondays at St James Hall Rylstone.	<b>6</b> Rylstone Rural Fire Brigade meets 1st Tuesday of each month at 7.30pm - training nights on 3 <sup>rd</sup> Tuesdays	<b>7</b> R/K VRA Rescue Squad meeting at 7pm. *RKB&T meeting at 6pm.	<b>8</b> Kandos CPSA meets 2pm on the second Thursday of each month at the Kandos RSC Club.	<b>9</b> Ryl. Hosp. Aux. Meetings 2 <sup>nd</sup> Friday of each month at 10am.	<b>10</b> Rylstone Markets
<b>11</b> Uniting Church holds services at Rylstone at 9.30am every Sunday.	<b>12</b> Yoga with Jodi, 6pm Mondays, \$12pp at Stone Strength Gym.	<b>13</b> Walking group every Tuesday at 8.30am.	<b>14</b> Kandos RSL Sub Branch meeting.	<b>15</b> Ladies Tennis, 9am Thurs. at Henbury Sport & Rec. Club.	<b>16</b> Kandos Art Group, Fridays at the Kandos CWA Rooms from 11am to 2pm.	<b>17</b> Kandos Markets
<b>18</b>	<b>19</b>	<b>20</b> Dance to be fit, 4.45pm every Tuesday at St James Hall Rylstone.	<b>21</b> Venturers meet at 5pm Wednesdays at the Kandos Scout Hall.	<b>22</b> Ryl. CPSA meet at 11am at the Globe Hotel on the 4th Thursday of each month.	<b>23</b> Storytime for kids, 10am to 11am Fridays at Kandos Library	<b>24</b> KR Singers, 2.30pm to 4.30pm Saturdays at One Life Church Kandos.
<b>25</b> Rylstone-Kandos Street Machine Club meeting at 2pm on last Sunday of each month.	<b>26</b>	<b>27</b> Twin Town Players meet at 6pm on 4 <sup>th</sup> Tues. of each month at VRA Shed.	<b>28</b> KRR Radio meet 5.30pm on last Wed. of month at 50 Angus Ave. Kandos. * Kandos CWA, 5pm on last Wed. of each month.	<b>29</b> Join the Ukulele Group, 4.15pm for a 4.30pm start on Fridays at the Kandos CWA Rooms.	<b>30</b>	<b>31</b> KRR Broadcasting on 98.7FM

February 27...Rylstone Kandos Show, March 13 and 14, 2021...Fermenta

### Rylstone Markets

The next Rylstone Markets are on Saturday, October 10 in the grounds of the Memorial Hall in Louee Street from 9am until 1pm. Come along and browse the extensive range of quality products the region has to offer. The association is always looking for more stallholders so if you would like to come along and join their group, call their secretary Bev on 0410 577 667 or their president Diana on 0428 663 161. You can also send them an email at rylstonemarkets@gmail.com.

### Kandos Community Markets

The next Kandos Community Markets are on Saturday, October 17 in the grounds of St Laurence Church, Kandos from 9am to 1pm. Come along for some great bargains and interesting gifts, enjoy a cuppa and have a bite to eat. There'll be all the usual interesting stalls. For stall bookings, phone Pauline on 6379 4533 or Rose on 6379 4179.

### Get Help

Phone numbers for those who need help are as follows:-

Life Line - 13 11 14, Beyond Blue - 1300 224 636, Kids Help Line - 1800 551 800, Men's Line 1300 789 978, Domestic Violence Hotline - 1800 737 732, Agricultural and Animal Services Hot Line - 1800 814 647, Step-by-Step: Jen Quealy, Leanne Walding, Freya Hill - Jen: jenniferq@gatewayfamilyservices.org.au, mobile: 0491 136 882, Leanne: leanne@gatewayfamilyservices.org.au, mobile: is 0490 676 269, Freya: freyah@gatewayfamilyservices.org.au, mobile: 0412 388 557. Rural Adversity Mental Health Program: Sonia Cox: Mobile: 0448 125 676, Email: Sonia.Cox@health.nsw.gov.au Lifeline Central West: Kylie Holford (financial counsellor) Mobile: 0490 350 885 Email: kholford@lifelinecentralwest.org.au Department of Primary Industries: Anthea Chapman Email: anthea.chapman@dpi.nsw.gov.au

### Kandos Museum

Are you interested in local history, tourism and meeting new people? Kandos Museum is looking for volunteers to welcome people to the museum and assist with daily operation and development. Join the team at Kandos Museum and you will develop new skills and knowledge. Give something back to the community, contribute to the visitor experience and help preserve and promote Kandos and District Heritage. Contact Sectaratry@kandosmuseum.org.au or call Museum 63794600 or just pay a visit.

### RDHS Open Day

Rylstone and District Historical Society is holding an Open Day at the Bridge View Inn and Cottage Museum on Wednesday, October 14 from 10 am to 6 pm. Everyone is welcome to call in, have a look around or find out about their family histories or local history. Please drop by and find out more about what the society does or have a wander around the buildings. They look forward to seeing you.

### Connecting businesses

Registered business owners in the Mid-Western region are now able to join Mudgee Region Business, a free online portal connecting businesses in the region. The new initiative is aimed at helping local businesses promote themselves to a local market and get more revenue. The portal mudgeeregionbusiness.com.au has been fully funded by Mid-Western Regional Council and forms a part of a range of activities to support local businesses in our region. This online platform enables local businesses to create a listing to increase their visibility, network with other businesses, access business only events and find new customers and suppliers.

### Community Capers

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See page 1 for copy deadline & Contact details.

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