

## **Rylstone-Kandos district newsletter**

# Community Capers

May issue, 2020 Volume 258

Welcome to the May issue of Community Capers, volume 258. Our June issue will be distributed on Thursday, May 28. The deadline for this issue is Tuesday, May 12. News items, events, dates for the calendar etc. are inserted free. Email them to the editor, Brent Barlow at brenbar@winsoft.net.au or phone Brent on 6379 1020. For details and prices on advertising, sponsorship etc., contact Brian Neaves on 6379 4092.



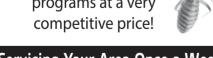
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# Community closes down

Corona Virus - COVID-19 caught everyone by surprise. In the April edition of Community Capers, local events, markets and meetings which were taking place as usual were suddenly cancelled by the time the edition was delivered to readers across the region. Around the world, countries began closing down and taking extreme measures to prevent the spread of this new virus, which originated in Hubei Province, China. Coronaviruses are a large family of viruses known to cause respiratory infections. These can range from the common cold to more serious diseases such as Severe Acute Respiratory Syndrome (SARS) and Middle East Respiratory Syndrome (MERS). The disease caused by the virus is named COVID-19 - a shortened version of CORONA VIRUS DISEASE along with the year 2019 when it started. It is most likely to spread from person-to-person through close contact while they are infectious or in the 24 hours before their symptoms appear or touching objects or surfaces (such as door handles or tables) contaminated from a cough or sneeze from a person with a confirmed infection, and then touching your mouth or face. The symptoms of Covid-19 are similar to a cold and include fever, cough, sore throat, tiredness and difficulty breathing. Practising good hand and sneeze/cough hygiene and keeping your distance from others when you are sick is the best defence against most viruses. You should wash your hands frequently with soap and water, before and after eating, and after going to the toilet, cover your cough and sneeze, dispose of tissues, and use alcohol-based hand sanitiser, avoid contact with others (stay more than 1.5 metres from people), and you must stay at home if you

are unwell and exercise personal responsibility for social distancing measures. Mid-Western Regional Council have released a number of guidelines and have outlined closures across the region. On March 30 they released the following information:

# Council will be closing the following services effective immediately:

- All children's playgrounds in the Mid-Western Regional Local Government Area including the Gulgong Adventure Playground
- · Mudgee, Gulgong, Kandos and Rylstone skate parks
- Mudgee, Gulgong and Rylstone dog parks
- All public toilets
- Lawson Park closed to vehicles
- · Billy Dunn Oval, Gulgong
- · Victoria Park, Gulgong
- · Victoria Park, Mudgee
- · Waratah Park, Kandos
- · Access road to Rylstone Showground
- · Barbecue facilities in passive parks

#### The following services will remain open:

- Passive parks for exercise only (residents must abide by government social distancing orders)
- Community Transport (limited service please contact 6378 2710 to discuss options)
- · Meals on Wheels
- · Family Day Care

These changes follow the closures of Council's Customer Service Centres and Administration Buildings to the public at COB Friday, 27 March. All services conducted from these buildings will continue remotely and Customer Service remains available online and by phone. All critical services will continue as normal, including waste collection, water and sewer services, and cemetery services. A comprehensive list of affected Council buildings and services is available on Council's website and Facebook page.

# River's up

Following a prolonged drought across the Central West and beyond, there are finally signs of a turnaround with good rain across many parts of inland NSW in the first quarter or 2020. In the



Rylstone-Kandos district, around 75mls fell over two days in early April bringing the Cudgegong River up for the first time in well over a year. The small footbridge below the Rylstone Showground

was covered for a short time and water reached halfway to Sammy's Flat from the riverbank. The minor flooding has brought hopes for a replenishment of water-holes downstream from Rylstone and a slight top-up for Windamere Dam, though much more is needed to make a significant difference.

The small footbridge across the river near the showground was covered by water for a short time following rain in early April, with debris covering it and backing up for some distance behind it.

## Capers info

Community Capers is published by Kandos Rylstone Community Radio Inc. (KRR) at PO Box 99, Kandos NSW 2848. Funding has also been provided by the Mid-Western Regional Council and we acknowledge their support. Thank-vou also to businesses and individuals across the region who have placed advertising or sponsored pages. Our publication could not continue without your support. Thank you everyone.

Community Capers is a publication where community groups and other organisations can list their meeting times,

#### School supports families

Kandos Public School had lots of things organised for students in March/April but they had to cancel everything because of Covid-19. There was some good news though in a time of great difficulty with all students receiving a pantry pack with groceries and/or hygiene supplies. Kandos Public School in partnership with Food Bank are endeavouring to support families through



this difficult time during COVID-19. This is the second pack given out this year. Food Bank is a food relief charity committed providing ongoing support of KPS and the community.

KPS student Chelsea Ford helping unload the food truck



events, dates and venues. Please send all information to the editor, Brent Barlow, 38 Mudgee Street, Rylstone, NSW 2849, or email him at brenbar@winsoft.net.au or phone him on 6379 1020. If meeting times or dates etc. change, please contact Brent as soon as possible with corrections. Advertising space is limited but we do require advertising support to fund our newsletter. Usually it's on a "first in, best dressed" basis. If you wish to advertise or sponsor a page, please contact Brian Neaves on 6379 4092.

#### Meals on Wheels

Rvlstone Kandos District Meals Wheels (RKMOW) supplies frozen meals to anyone who is frail, aged or a younger person with a disability and their Carers. You can contact RKMOW on 6379 1519 or call into the office at HealthOne Ilford Road, Rylstone. Office hours are Monday to Thursday - 9am to 4pm and Friday -9am to 1pm.

#### Seniors Award

Rylstone Combined Pensioners and Superannuant members along with other seniors enjoyed a very pleasant lunch and Seniors Award presentation at the Rylstone Club in March. They were fortunate to get their special day in before the Corona Virus epidemic put a stop to gatherings of all kinds across the region. Unfortunately, the Kandos Seniors Lunch and Presentation Day which was to have been held a week or so later got caught in the cancellations. Organisers are now hoping to be able to hold it later in the year and to present the Kandos Seniors Award then.

In Rylstone, seniors were entertained by Rylstone students who sang very nicely and displayed some delightful work. This is an annual event for the young children and the seniors really look forward to seeing them perform and show their paintings and other work.

This year's Senior Award in recognition for her achievements in supporting the community was presented to Jean Johnson - a very worthy recipient. Over the years, Jean has been a member of organisations and clubs including Rylstone Public School P&C from 1984 to 1997. Canteen Muster Uniform Committee, Kandos High School P&C President from 1991 to 2003. Kandos School Council Member, Brownies Badge Secretary, Girl Guide Support Group, Kandos Rylstone Swimming Club, Rylstone Squash Club, Red Cross, View Club and Rylstone Kandos Show Society member for around 38 years. Congratulations Jean on your very impressive achievements in supporting our community.



Rylstone Senior of the Year, Jean Johnson with Mid-Western Regional Councillor and Seniors Planning Committee member Esme Martens and Community Development Officer Marisa Quintana.

#### **Year 12 Textiles and Design**

Prior to Kandos High School having to cancel excursions, Year 12 Textiles and Design students enjoyed a day in the city attending the TEXSTYLE exhibition at the Muse, Ultimo which highlighted the top HSC practical and portfolio work from the 2019 Higher School Certificate. The displayed work was of the highest standard; creative, innovative and beautifully constructed. The students also attended HSC seminars highlighting the requirements necessary to achieve an excellent result. Textiles and Design teacher Cheryl Murry said she was proud of the results KHS students achieved in the 2019 HSC after viewing the exhibition.

During the day they also attended the SHAPE exhibition at the Powerhouse Museum, showcasing more HSC Textiles and Design and Design and Technology Major Projects. Works included Multimedia. Timber, Metal and Fibre and again the standard was exceptional. The students also enjoyed attending an exhibition by Australian designers, Jenny Kee and Linda Jackson. Renowned for their vibrant Australiana works, the exhibition was outstanding, showcasing their design journey and their success internationally and locally. A quick look at Australian designs and designers working under the CUE brand completed the feast of creative textiles. A long trip by train, bus and car saw everyone arrive home full of new ideas and enthusiastic to continue their creative journey



Textiles and Design students Jasmyn Maw, Sophie Healey, Kendall Goldspink and Alysha Jupp thoroughly enjoying a long but fascinating day in Sydney visiting numerous exhibitions

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# **Beware of scams**

The Australian Cyber Security Centre (ACSC) is aware of a significant increase in Australians being targeted with COVID-19 related scams and phishing emails. In the last three months, the ACSC and the Australian Competition and the Consumer Commission's (ACCC) Scamwatch has received over 140 reports from individuals and businesses across Australia. These phishing emails are often sophisticated, preying on people's desire for information and imitating trusted and well-known organisations or government agencies. Clicking on these malicious links or visiting fake websites may automatically install computer viruses or malware and ransomware onto your device, giving cyber criminals the ability to steal your financial and personal information. These scams are likely to increase over the coming weeks and months and the ACSC strongly encourages organisations and individuals to remain alert. Here are some examples of what to look out for now:

Example 1: SMS phishing scam messages offering where to get tested for COVID-19 or how to protect yourself.

Example 2: COVID-19 phishing email impersonating Australia Post to steal personal information.

Example 3: Phishing emails pretending to be an international health sector organisation.

Example 4: Phishing emails containing malicious attachments.

Example 5: COVID-19 relief payment scam.

Don't click on any link that you are not sure of. Also, beware of recorded phone messages that ask if you have made a purchase through Amazon or another online store for a certain amount. These stores do not check with you personally to ask if it was you that made a purchase. If you press a number suggested by the message you will be involved in a scam.

## The RYLSTONE CLUB Your Friendly Club

The Club would like to thank all our members & guests for their support over the vears and hope that everyone stays safe & well during this time.

We hope to see everyone again when the club reopens

For up to date information check us out on Facebook Phone 6379 1109

#### **School entertains seniors**

Public School has had to cancel many activities. However, they were fortunate to be able to Life Education Van and many had check-ups with entertain seniors at the Rylstone Club for Seniors the Dental Van ladies. The 20 Days of Kindness Week just before strict regulations were enacted. This has been a regular annual activity for the kids, and the seniors just love to see them perform their



Seniors really enjoyed the colourful art works displayed by Rylstone Public School's Infants class at the Rylstone Seniors Lunch and Award Ceremony.

Like other schools across the region, Rylstone songs, recite their poems and show their creative art work. Earlier, they met Healthy Harold in the was also completed and everyone is very proud of their success and have learnt many new strategies to spread their kindness around.



A big thank you to the children from the seniors for a very enjoyable and entertaining visit.

## **Bridging the river**



The new pedestrian bridge is looking good. It will be completed and ready to use soon.

The new pedestrian bridge over the Cudgegong River at Rylstone is taking shape.

The long-awaited safe access for residents on the western side of the river will be a great asset for them and for the general population when it is completed.

Recent rain and minor flooding which inundated the low level footbridge further downstream has shown just how important this new pedestrian bridge will be. Walking across the road bridge,

## Watch the weeds

Recent rainfalls across the region have seen Khaki and Cathead weeds multiplying in and around townships. Khaki weed grows into a dense ground cover-like mat with hairy roots - a very nasty weed that sticks to your skin, clothes and shoes, while Cathead produces a woody sharp burr that can penetrate shoes and bike tires. Both weeds should be managed with either chemical controls or physical removal due to their extreme nuisance value, particularly in urban areas. If discovered early enough, they are both easy to dig out by hand. If not, broad leaf herbicides should be applied while seeds are actively growing and should be applied every year until the infestation is eradicated.

which is heavily used by cars, trucks and buses has always been a hazardous and difficult procedure and residents and visitors will find it a joy instead of a daunting task to get to the other side.

The 88m x 2.5m steel pedestrian bridge features fibre reinforced plastic decking and a cycleway balustrade hand rail. It will provide a safe pedestrian/bike path from the town centre to western residential areas, linking walking tracks and creating a safe walking and bike riding path for residents.

The project has been jointly funded by Council and the NSW Government through round two of the Stronger Country Communities Fund.



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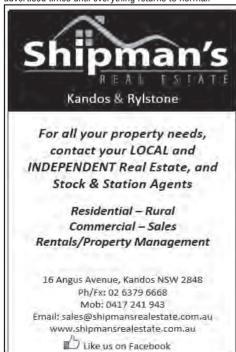
## Disregard Calendar of Events listings until further notice - мау 2020

Sun	Mon	Tue	Wed	Thur	Fri	Sat
31 One Life Family Church services, 10am every 1 <sup>st</sup> , 3 <sup>rd</sup> and 5 <sup>th</sup> Sunday at the corner of Noyes and Dunn Streets, Kandos.	Pilates classes, 6pm Mondays at St James Hall Rylstone.	Rotary meets every Tuesday at the Rylstone Club, 6.30 for 7pm.	R/K VRA Rescue Squad meeting at 7pm. *RKB&T meeting at 6pm.	Scrabble on 1st, 3rd and 5th Thursday of month, 10am at Rylstone Club	1 Rylstone CWA meets at 10am. *Cudgegong Valley History Group, 11am to 3pm at Henbury Sport & Rec.	The Kandos Museum is open Wednesdays to Sundays, 10am to 4pm
The Cottage Museum, Rylstone is open every Sunday from 10am to 3pm.	Scouts and Cubs meet at 4.30pm on Mondays at Kandos Scout Hall	<b>5</b> Rylstone Rural Fire Brigade meets 1st Tuesday of each month at 7.30pm - training nights on 3 <sup>rd</sup> Tuesdays	6 The Craft Group meets at 10am each Wed. at the VRA shed, Rylstone. *Kandos RSL Sub Branch meeting.	<b>7</b> Walking group every Thursday at 8.30am.	Ryl. Hosp. Aux. Meetings 2 <sup>nd</sup> Friday of each month at 10am.	9 Rylstone Markets
Uniting Church holds services at Rylstone at 9.30am every Sunday.	11 Yoga with Jodi, 6pm Mondays, \$12pp at Stone Strength Gym.	<b>12</b> Walking group every Tuesday at 8.30am.	Pop in Playgroup 10am to 12noon every Wednesday.	Kandos CPSA meets 2pm on the second Thursday of each month at the Kandos RSC Club	15 Kandos Art Group, Fridays at the Kandos CWA Rooms from 11am to 2pm.	16 Kandos Markets
3 <sup>rd</sup> Sunday of the month Community Markets at the Globe Hotel.	18	19	<b>20</b> Venturers meet at 5pm Wednesdays at the Kandos Scout Hall.	Ryl. CPSA meet at 11am at the Globe Hotel on the 4th Thurs- day of each month.	22 Storytime for kids, 10am to 11am Fridays at Kandos Library	23 KR Singers, 2.30pm to 4.30pm Saturdays at One Life Church Kandos.
<b>24</b> Rylstone-Kandos Street Machine Club meeting at 2pm on last Sunday of each month.	Dance to be fit, 5.45pm every Tuesday at St James Hall Rylstone.	Twin Town Players meet at 6pm on 4th Tues. of each month at VRA Shed.	27 KRR Radio meet 5.30pm on last Wed. of month at 50 Angus Ave. Kandos. * Kandos CWA, 5pm on last Wed. of each month.	28 Ladies Tennis, 9am Thurs. at Henbury Sport & Rec. Club.	Join the Ukulele Group, 4.15pm for a 4.30pm start on Fridays at the Kandos CWA Rooms.	KRR Broadcasting on 98.7FM

#### September 26...Flavours of Mudgee,

## **Events postponed**

Meetings, markets, excursions and other regular events have been postponed until further notice because of the COVID 19 pandemic. Community Capers wishes everyone a safe and healthy time and looks forward to including the community's usual market and event notices on our back page when they start up again. We have left the Calendar of Events with the usual dates and times for meetings and markets etc, for ease of publishing, but obviously these will not be run at these advertised times until everything returns to normal.



#### November 7...Rylstone StreetFeast.

## **RDHS** update

Like many other organisations and groups, the Rylstone District Historical Society had to cancel its last meeting because of the COVID 19 pandemic. The planned excursion to Dabee was also cancelled and will be rescheduled for a later date.

The society's stall at the Rylstone Kandos Show was a success. A big thank you to everyone who helped on the day. The Bridge View Inn Apartment is now live on Airbnb, which will help with bookings, and work has been done in the grounds to improve waste collection. A reminder that the deadline for any new family history inclusions in the next edition of Rylstone Area History of Settlement is May. The group is also planning to go ahead with insulating the roof space at the Cottage Museum when appropriate and will need many hands on deck to cover and/or move collection items before the dust starts to fall. Keep an eye out for email notices regarding dates and times.

#### **CWA donation to Barnardos**

Kandos CWA thanks everyone who supported their volunteer-run Tuesday Café from October to December 2019. With generous donations of food from their members and from friends in the community they have been able to raise funds for the children's charity Barnardos. A donation of \$1300 will go towards Barnardos Central West programs supporting women and children leaving domestic violence.

Community Capers
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See page 1 for copy deadline & Contact details.

#### **Capturing Central West Icons**

Regional Development Australia Central West (RDA Central West) has announced the return of the 'Central West Is Best' Photography Competition with the theme for 2020 being: 'Hometown Pride – Icons of the Central West'.

RDA Central West CEO, Sam Harma said the competition provides a platform for the communities of the Central West.

"The Central West has so much to offer and our photo competition is a way for budding, professional or social media photographers to capture and share the people, places and events that make our region unique."

Entries opened on Monday, April 6 and close at 5pm on Friday, May 8. Entry is free and open to all ages and photographic abilities, as long as you live in the Central West. There are two categories: Junior (under 18yo) and Open (18yo and over). Each winner and runner-up will receive a prize to the value of \$300 for first place and a prize to the value of \$200 for second place. For more information, including how to enter and to see more of last year's entries, you can visit: www.rdacentralwest.org.au/projects and for queries you can contact RDA Central West on (02) 6369 1600 or email: admin@rdacentralwest.org.au

Winners will be announced in June 2020 and finalists and selected entries will go on to be part of the RDA Central West travelling photography exhibition.

#### **Disregard Calendar notices**

Community Capers has left the Calendar Events meeting dates and times for ease of publishing, but advise readers that these activities have been postponed until further notice. We are looking forward to when we can let you know that these activities are starting up again.

#### Printed by Lynx Printing Service.

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